



**NOTICES FOR**  
**Week of January 29<sup>th</sup> 2012**  
**Fourth Sunday after Epiphany**

**Events for the Week of January 29<sup>th</sup> – February 5<sup>th</sup>**

**Sunday, January 29<sup>th</sup> 2012 ~ Fourth after Epiphany**

**10:00 a.m. – ONE SERVICE ONLY – Iona liturgy**

**BIG BAG SUNDAY** (see detail)

**2012 AGM: 6:30 pm desserts; 7:00 pm meeting**

Tuesday 11:00 am **Centering Prayer**

Wednesday 7:00 pm **Compassion Course** (see detail)

Thursday 9:30 am Bible Study ~ *all welcome!*

Thursday 1:00 pm Choir Practice

Friday 10:00 am Welcoming Committee

**Sunday, February 5<sup>th</sup> ~ Fifth after Epiphany**

**9:00 a.m. BAS Service with Holy Communion**

**11:00 am BCP Service of Holy Communion with choir**

**Evensong Update: due to a scheduling conflict, the next Evensong service will be April 22<sup>nd</sup> (following regular 9 and 11 am services) with no Evensong service April 29<sup>th</sup> following the 10 am service.**

**Notice of the AGM: Sunday, January 29<sup>th</sup> 2012**

Our Annual General Meeting will be held at 7:00 pm, beginning with "Divine Desserts" at 6:30 pm.

**Printed copies of the report available this Sunday; one per family please. Or view the report on our website. [www.stjohnscobblehill.ca](http://www.stjohnscobblehill.ca)**

**Are You New to the Parish? Welcome!**

We hope you are starting to feel at home.

If you have not already done so, please register your contact information with the office so you can start receiving our weekly Notices by email.

**Your Palm Crosses and Branches are Needed**  
**Lent begins on Ash Wednesday – February 22<sup>nd</sup>**

Please drop off your palm crosses (at the back of the church or in the office) from last year's Palm Sunday service, so they can be burned and used for the imposition of ashes this year. Thank you.

**Sorrento 2012**

Program Guides have arrived! I would really encourage more people to become Associates. It only costs \$20:00 per year and includes many perks. ~ Nonah

**Memorial Service for the Rev. Canon Horace**

**McClelland:** will be held **Thursday, February 9<sup>th</sup>**

at 2:00 pm in the Shawnigan Lake School Chapel.

**Outreach Sunday, January 29<sup>th</sup>**

Traci Waite, Administrator of the CMS Foodbank, and our own Pat Thornton, will be the speakers at the next Outreach Sunday. It's going to be a

**BIG BAG SUNDAY,**

let's make a really big donation to the Foodbank; (January and February are lean months down there).

Stock up now & be ready!

**Suggested donations for the Food Bank: for Big Bag Sunday** (or any time!): coffee and tea, cereals, raisins, canned goods: meat, salmon, tuna, stews, meatballs; flour ; baking and pancake syrup; milk: powdered and canned; rice; small juices for children's lunches; jam - small sizes; peanut butter: small sizes; cheese spread; pasta and sauce; pears; puddings; Jell-O; baby and junior food canned fruit and vegetables, apple sauce, peaches; laundry soap; toilet paper; toothpaste and other toiletries; cat and dog food.



**Compassion Course continues February 1<sup>st</sup>**

**Wednesday, 7:00 pm** ~ in the church

Using Karen Armstrong's book "Twelve Steps to a Compassionate Life" we continue our study by considering Step 5 "Mindfulness."

**El Hogar Projects**

Over the years, many of you have supported this ministry in Honduras by sponsoring 2 boys who have since graduated. Your generosity has made a real difference in their lives. Today, we hope to continue by supporting the education and care of 2 more boys: Abner, at the Agricultural School; and Erick at the Technical Institute. Please consider renewing your support for El Hogar at \$125 per year - or any amount will be gratefully received. Make cheques payable to St. John's and tag "El Hogar." For more information, please contact Tricia Tate: 250-743-8081

**Centering Prayer**

Since Sandy, Adrian and Pip have all run off to warmer climes, Sarah Donnelly will be heading up Centering Prayer for the next 5 weeks; same day: Tuesday; same time: 11 am; same place: in the church sanctuary.

Everyone is welcome. See you there!

**Next week: February 5<sup>th</sup> ~ Fifth Sunday after Epiphany**

**Isaiah 40:21-31; Psalm 147;**

**1 Corinthians 9:16-23; Mark 1:29-39**

**Please visit St. John's website for more information:**

**[www.stjohnscobblehill.ca](http://www.stjohnscobblehill.ca)**



### Intergenerational Gathering:

Come on out to this all ages  
café style of worship.

We meet at **4:45 pm** in the Parish Hall,  
Next date : **Saturday, February 5<sup>th</sup>** .

**For the young, and the young at heart! – join us.**  
**All are welcome!**

### St. John's Facility Emergency Preparedness:

**Did you know?** Work is being done on a customized  
Facility Emergency Plan for St. John's.  
**Keep an eye on this space for news as it develops.**

### DIOCESAN INFORMATION AND EVENTS

#### Learning For International Faith Engagement

March 10<sup>th</sup> -11<sup>th</sup> 2012, Vancouver, BC

Carey Centre, University of British Columbia

The **Churches Forum for Global Ministries** invites all  
parish mission trip leaders to register now for a Learning  
for International Faith Engagement (LIFE) weekend,  
March 10-11, 2012 at the Carey Centre, UBC. The  
Forum is a Christian agency through which Canadian  
churches participate in global and intercultural ministry.  
The Anglican Church of Canada is a Forum founding  
member. To learn more visit: <http://www.ccforum.ca/>  
LIFE weekends are designed to address specific needs for  
mission exposure trip leadership: biblical, historical and  
contemporary perspectives on mission travel;  
intercultural skill building; trip discernment, planning  
and development; and funding.

Register now at: <http://www.ccforum.ca/programs>

For more information:

Alice Schuda, The Forum Co-Director

[director@ccforum.ca](mailto:director@ccforum.ca)

Andrea Mann, Global Relations, General Synod

[amann@national.anglican.ca](mailto:amann@national.anglican.ca)

#### Spring Retreat (Women in Faith)

Women's Weekend (Camp Pringle) May 11<sup>th</sup>, 12<sup>th</sup> and  
13<sup>th</sup>, 2012. Facilitator: The Ven. Ellen Willingham.

Leader of Worship/Spiritual: The Rev. Dolly Beaumont.

Leader of Music: Diane Bell. Cost for this weekend is  
\$130.00 (cheque payable to the Diocese of B.C.)

For further information and registration form please  
contact Brenda Dhaene: ([birish@shaw.ca](mailto:birish@shaw.ca))

or telephone 250 748-7183

Deadline for registering is: May 2<sup>nd</sup>, 2012. Thank you.

### EVENTS IN THE COWICHAN VALLEY

#### The Sound of Music: South Island Musical Society

You will recognize some of the folks in the cast - Mary  
Harrison, Angie Brockhurst, Gregg Perry and Trisha  
Daniell. Friday Feb 3<sup>rd</sup> opening night: \$20 for adults, only

\$8 for students. Regular prices after that:

Feb. 4<sup>th</sup> & 10<sup>th</sup> at 7.30; matinees Feb 5<sup>th</sup> & 11<sup>th</sup> at 2.30;  
\$30 adults; and \$25 students. *Savings from members.*

Performances in the Cowichan Theatre

#### BEAT Hunger Banquet – POSTPONED!

The Brentwood Environmental Action Team (BEAT)  
event planned for **January 29<sup>th</sup>** has been postponed to  
**April**. Call 250-743-5521 for more information

### HAPPENING FURTHER AFIELD

#### Ron Klusmeier and Friends Benefit Concert

Ron and 30 of his closest musical friends will entertain  
you in support of a family of Palestinian refugees as they  
settle in Nanaimo. **2:00 pm, Sunday, January 29<sup>th</sup>**

St. Andrew's United Church, 311 Fitzwilliam St., Nanaimo

Tickets: \$15

Call or email Maria at [megomes@shaw.ca](mailto:megomes@shaw.ca) or 754-2274

### Courses at South Island Centre

Please see the posters in the hall on two courses  
around Mid-Life which are coming up soon, and the  
one for those contemplating marriage:

**Mid Life** - "Mid life can be a stressful, confusing time - a  
time when it feels like your world is falling apart, but it  
can also be an exciting time of new beginnings."

#### Mid Life Spirituality

"This series is for women experiencing the pain, chaos, or  
unsettledness of mid-life." These midlife courses do tend  
to fill up quickly, so don't hesitate!

#### Marriage Preparation

"Relationships are complicated, and even when you're  
hopelessly in love, there are things you may not be  
watching for or aware of that will impact the way you  
relate to one another - for better or worse - once you're  
married." This is an excellent course for engaged  
couples! To register, contact us using the information  
below. This is a very popular course and fills up quickly,  
so don't wait to register!

To register, give us a call at **250-472-2851**  
or send an email to [courses@southislandcentre.ca](mailto:courses@southislandcentre.ca)

### Casino Royale Gala Fundraiser

Supporting the Canadian College of Performing Arts

Get your tickets soon to this special event.

**Friday, February 10<sup>th</sup> 7:30 pm - \$65.00**

**250-595-9970 for ticket information**

### GOOD TO KNOW: Information from all over...

Please continue to save **COUNTRY GROCER** Tapes

You may deposit them in the box in the Parish Hall.