



**NOTICES FOR**  
**Week of July 31<sup>st</sup> 2011**  
**Seventh after Pentecost**

The flowers in the Sanctuary are given to glory of God by the Woodcock Family in memory of Howard, a much loved brother and uncle; and of Paddy, a beloved cousin.

**Events for the Week of July 31<sup>st</sup> - August 7<sup>th</sup>**

**Seventh after Pentecost: One morning service only**

**Sunday 10:00 am Iona service with Sunday School**

**Outreach service - Guest Priest: The Rev. Dr. David Rolfe**

**Guest speaker: Sister Brenda of St. John the Divine (see detail)**

**Soup, buns and fellowship following the 10 am service**

**Sunday 4:00 pm Evensong (see detail)**

**Monday – BC Day – Office Closed**

**Tuesday 11:00 am Centering Prayer**

**Wednesday 7:00 pm Centering Prayer (evening session)**

**Sunday 9:00 am BCP service with choir**

~ Shared refreshments and fellowship between services ~

**Sunday 11:00 am BAS service with Sunday School**

~ Refreshments and fellowship following the 11 am service ~

**Outreach Service THIS Sunday, July 31<sup>st</sup> at 10am**  
**with Soup and Buns Lunch following.**

Guest speaker : **Sister Brenda** from the Sisters of St. John the Divine in Victoria.

Come and hear about the work of mission and prayer in this gospel-centered monastic community of the Diocese.

**Have a look at the SSJD calendar of events now in the office.**

And keep a look-out for SSJD events in future Notices!

**Afternoon Evensong – THIS Sunday, July 31<sup>st</sup>**

Join us for this beautiful service starting at **4 pm** with Archbishop Andrew Hutchison presiding.

**Cemetery Work Party: Sunday, July 31<sup>st</sup> at 5 pm**

Come out (or stay after Evensong) to help clean up the plots, and spiff up the headstones. Bring gloves – both garden and rubber might be advised – some scrub-a-dub soft bristle, natural or nylon brushes, wooden or plastic scrapers – no metal please - buckets, water jugs, safety goggles and pruners etc.

**All ages welcome for this facelift!**

**Back by Popular Demand:**  
**Refreshments & Fellowship following 11:00 am Service**

Please see Adrian if you can help.

**PWRDF Responds to Famine in Somalia**

The Canadian government is matching funds up to September 16<sup>th</sup> and retroactive to July 5<sup>th</sup>, for African famine relief. Please designate your PWRDF donations “Horn of Africa Drought” to qualify for matching funds.

**Sunday School Teachers Needed for the Summer!**



Have you ever thought about sharing your love of God with the children of our congregation? It's a great opportunity to get to know all of the children better and share those well-loved stories of Jesus.

Curriculum materials are available for you.

Please let your enthusiasm be known to Trish in the office - and she'll pass the good news along.

**Centering Prayer Meetings**

Please join us on **Tuesdays at 11am**,  
or **Wednesdays at 7pm** in the Church.

...as always, no previous experience needed!

All are welcome.

**Funding Available for Sorrento Programs!**

A \$150 Certificate redeemable towards Sorrento Centre Summer Programs is available to help with your registration costs. Check with the church office.

*Precious Jewels Ministry, Regent College, VST and El Hogar Newsletters are on the Bulletin Boards Now!*

**Calling for Sunday Power Point Operators**

Now that Power Point has become an (almost) constant part of our BAS service at 11 o'clock, we need a few more people to join the team of operators.

The presentation is prepared and loaded on the lap-top; Ken sets up the projector and makes sure everything is working; you simply need to follow along with the service leaflet to advance the slides. Please let Trish know if you can help. Call the office: 250-743-3095.

Many thanks!

*Now that August is creeping into our calendars, remember to keep a keen eye for September Festival News and Updates in your email in-box and on the web-site. New ideas and events coming soon!*

Have you signed up to volunteer yet? Sheets in the hall.

**Readings for next Sunday:**

**Eighth after Pentecost ~ August 7<sup>th</sup> 2011**

**Presiding Celebrant: the Most Rev. Andrew Hutchison**

Genesis 37:1-4, 12-28; Psalm 105:1-6, 16-22, 45c;

Romans 10:5-15; Matthew 14: 22-33

**Please visit St. John's website for more information:**

[www.stjohnscobblehill.ca](http://www.stjohnscobblehill.ca)

**26 Weeks to Emergency Preparedness: Week 5**

Get a large portable container with a tight-fitting lid to use as an **emergency evacuation kit**. You might like one with wheels: a garbage can works well. Choose an accessible location for the container, near an exit or in the garage or storage shed. Label the container.

**For more information: Pick up a CVRD Emergency Preparedness Workbook from the church.**

**Please continue to save COUNTRY GROCER Tapes**

You may deposit them in the box in the Parish Hall.  
Mother's Union thanks you for your help!

**Friendly Reminder: Back-pack Work Party, Friday, July 29<sup>th</sup>**

**EVENTS IN THE COWICHAN VALLEY**

**Transitions: Your Journey through Grief and Loss**

This 10-week program will provide insight, hope and prayerful support for those who have experienced a wide-variety of losses including the death of a loved one, illness, loss of a job, and the ending of a marriage or significant relationship. Friday mornings, Aug. 12 – Oct.

14, 10am-12:30pm: St. Peter Quamichan, Duncan.

Cost: \$200 or \$20/week. Facilitator: Sarah Donnelly, BA, M. Div. To register, or for more info please contact Sarah at 1-250-710-7675 or [info@sarahdonnelly.ca](mailto:info@sarahdonnelly.ca)

August 7

**Interchurch Prayer Walks, Tuesday evenings**

**Now thru August 30<sup>th</sup>: multiple locations around town**

Please see the poster in the hall for more detail.

**DIOCESAN INFORMATION AND EVENTS**

**Call for Safe Church Facilitators**

**Applications are due by August 30<sup>th</sup>** to be considered for this program of comprehensive and internationally recognized training for the Safe Church Facilitation Team.

Facilitators provide abuse prevention education workshops for parish volunteers within their regions.

**Please see the poster in the hall for full details.**

Applications to: Ms. Marion Little, Canon Pastor  
900 Vancouver Street, Victoria BC V8V 3V7

or: [canonpastor@bc.anglican.ca](mailto:canonpastor@bc.anglican.ca)

**KJV 400<sup>th</sup> Anniversary Bible-thon Sept 19<sup>th</sup> -24<sup>th</sup>**

**Christ Church Cathedral, Quadra at Rockland, Victoria**

There's room for you in this week long live reading of the complete King James Version of the Bible.

Open to people of all faiths – or none; choose your favourite passage and read for twenty minutes.

See Trish in the office for complete details and the registration form: don't miss this historic event!

**A Choral Service of Thanksgiving wraps it all up on the afternoon of September 25<sup>th</sup>**

**HAPPENINGS FARTHER AFIELD...**

**South Island Centre for Counseling & Training may have a program that's right for you!**



**Want to deepen your relationship?  
Looking to recharge your marriage?**

See the poster in the hall for details on Relationship Enrichment or Marriage Prep.

**Learn Positive Discipline for Children:** dates TBA

Based on the book of the same name by Jane Nelson, discussion outlines eight methods for implementing positive discipline. Come with your partner or spouse.  
\$99 for six weekly 2-hour sessions.

**From Changing People to Helping People Change**

Learn about the Transtheoretical Model of Change and techniques for Motivational Interviewing to help others make positive changes in their lives. 8:30 am - 4:30 pm Sept. 30<sup>th</sup>; Oct. 21<sup>st</sup>; and Nov. 18<sup>th</sup> \$249.00 (non-profit rate)

**Pastoral Counseling Training starts Oct. 14<sup>th</sup>**

Four weekend sessions (Friday evening and all-day Saturday) with hands-on experienced-based training. See what the counseling process looks like and consider the boundaries and ethics in that environment.

**Where Do I Go From Here? (No talent required.)**

An eight week art therapy group for those experiencing transition or loss. Thurs., 6 - 8:30 pm, Sept. 8<sup>th</sup> - Oct. 27<sup>th</sup>

**Call South Island: 250-472-2851 for more information.**

Register online at [courses@southislandcentre.ca](mailto:courses@southislandcentre.ca)

**A Silent and Teaching Retreat on the Profound Teachings of 13<sup>th</sup> Century Mystic Meister Eckhart: Sept 29<sup>th</sup> - Oct 2<sup>nd</sup>**

Ward Bauman, Director of the Episcopal House of Prayer will lead the retreat tasked with balancing Master Eckhart's practice with his teaching, and exploring his mystical works. "God is no further off than the door of your heart..." For information and registration call the Bethlehem Retreat Center in Nanaimo 1-250-381-9650 or [admin@contemplative.org](mailto:admin@contemplative.org)

**GOOD TO KNOW: Information from all over...**

**Abbeyfield House: may be a housing option for you...**

Abbeyfield, a non-profit housing option for seniors, offers the opportunity for private living areas and the support of a house coordinator who manages the building and prepares meals. Abbeyfield offers a warm, family-style house and a balance between privacy and companionship, security and independence, combined with the special caring element provided by dedicated volunteers and the consistency of a House Manager. Have a look at: <http://www.abbeyfield.ca/index.html> And <http://www.abbeyfield.ca/houses--societies.html> Please contact the parish office for more information.

### Vancouver School of Theology et al on Facebook

Did you know that the **Vancouver School of Theology**, the **Iona Pacific Inter-religious Centre** and the **Indigenous Studies Centre** each have a Facebook page? We would love to have you as one of our friends on any or all of these pages! While our website remains our primary source for online information, we use our Facebook pages to remind you about upcoming events, post pictures, and share interesting tidbits of information about the people and the place of VST. You can also find us on Twitter by searching for any of the Centres. **Please join us on Facebook!**

Vancouver School of Theology"

<http://www.facebook.com/home.php#!/pages/Vancouver-School-of-Theology/107758090070>

Iona Pacific Inter-religious Centre

<http://www.facebook.com/home.php#!/pages/Iona-Pacific-Inter-religious-Centre/134232596612541>

Indigenous Studies Centre

<http://www.facebook.com/home.php#!/pages/Indigenous-Studies-Centre/170390456353755>

### Living Gifts benefit Africa Community Technical Service

Donations to **(ACTS)** make wonderful Birthday gifts or to help you mark other special occasions.

There is a large selection of cards to choose from: see the display on the table in the Parish Hall.

Also available there are also Sympathy cards where the donation goes to the **PWRDF**.

### English Heritage Conservation Bulletin No. 66 – Summer 2011: The Heritage of Death

<http://www.english-heritage.org.uk/content/publications/docs/cb-66.pdf>

This new 49-page publication came to Old Cemeteries Society from the City of Victoria planner in charge of the Pioneer Square (Old Burying Ground) Advisory Group. It will interest all those involved in research and conservation work in our own historic cemeteries, and in a series of essays contributed by such luminaries as funerary historian Dr. Julian Litten, it "looks at a range of issues, from the display of human remains and the heated repatriation debate, to the rescue of tombs and the commemoration of Commonwealth (war dead)". I was especially intrigued by section on the restoration of the extraordinary tent-like mausoleum of Sir Richard Burton, the Victorian explorer, which is illustrated and described on page 41. I hope you all enjoy it! *M. Bieling*

### Leave a Lasting Legacy

"Have you considered St. John's in your will? Consider leaving a legacy and a statement of faith while providing for the financial well being of future generations."

Contact your Wardens: Ken Norton or Jean van Dyk

### New Trust Fund from the Anglican Foundation ...

sets the old institution on a fresh path: engaging little people in the pews. The **Kids Helping Kids** fund will support Canadian children by contributing to health care, assistance for special needs children, educational resources, arts materials, and camp fees.

The main supporters are Anglican kids across Canada, who can **join the foundation and support the fund for a toonie**. A stuffed Hope Bear is also available for \$20—

already a popular gift choice for grandparents and parents who want to encourage generosity at a young age. The project is the brainchild of the new executive director, the Rev. Canon Dr. Judy Rois. She was inspired by 25 years of ministry where she worked to integrate children into parish life. "I've found that kids are incredibly generous. They have a generous spirit," she said. For more information about promoting generosity among children in your parish, or to donate to the Kids Helping Kids fund, please contact Canon Rois by email:

[jrois@national.anglican.ca](mailto:jrois@national.anglican.ca)

### The Altar Guild Has Room for You

Do you enjoy arranging flowers or preparing the altar for services? Please give this important, *quiet* service ministry your prayerful consideration and talk to Marion Holmes or Peggy Tyler for more information on what is involved and how you can help. Ask them about using your beautiful garden flowers, too!



### Are you a Web Tech or even a tech wanna-be?

St John's, South Cowichan is **looking for a new webmaster** who can take on the ministry of our extensive website and take it to the next level.

If interested please contact Lynn Mills @ [lynnphil@telus.net](mailto:lynnphil@telus.net) or 250-743-5588

### Sorrento Program – Bursary Sponsorship

Did you know you can support an individual or family's attendance at Sorrento Centre? Please see the program guide for more information on the *Dorothy Thomas Bursary Fund* or speak to Nonah at 250-743-3423. Should you need full or partial sponsorship to attend – contact Sorrento Centre for an application.

### Sorrento Centre is Anglican in tradition, ecumenical in programming, and inclusive in welcome.

Sorrento program and course offerings are available via the following links:

The **program guide** is here

<http://www.sorrento-centre.bc.ca/program2011.html>

The **registration pages** are here

<http://www.sorrento-centre.bc.ca/registration2011.html>