



**NOTICES FOR**  
**Week of October 30<sup>th</sup> 2011**  
**Nineteenth after Pentecost**

**Events for the Week of October 30<sup>th</sup> – November 6<sup>th</sup>**

**Saturday (29<sup>th</sup>) 2 - 4 pm "Adopt-a-Plot" Kick-Off** (see detail)

**Twentieth Sunday after Pentecost**

**OUTREACH Sunday ~ ONE morning service only at 10 am**

**Guests: Cowichan Family Caregivers Support Society**

**Sunday afternoon ~ 4pm Evensong**

Tuesday 11:00 am **Centering Prayer** (see invitation over)

Tuesday 1:00 pm **ACW Meeting**

Wednesday 10:00 am **Readers' Workshop** (see detail)

Wednesday 11:00 am **OCC Shoebox Ministry Work Party**

Thursday 9:30 am **Bible Study ~ everyone welcome!**

Thursday 1:00 pm **Choir Practice**

Friday 10:00 am **Welcoming Committee Meeting**

Friday 6:00 pm **ACW Fall Supper** (see detail)

Saturday 2 – 4 pm **Veteran's Remembrance** (memorial marking)

~ **Time change: Fall Back by one hour 2:00am ->1:00am** ~

**All-Saints' Sunday ~ with Bishop Cowan presiding**

**9:00 am BAS service with Sunday School**

**11:00 am BCP service with choir**

**Are You New to the Parish? Welcome!**

We hope you are starting to feel at home.

If you have not already done so, please register your contact information with the office so you can start receiving our weekly Notices by email.

**Outreach- THIS Sunday, October 30<sup>th</sup> 10am**



Cowichan Family Caregivers Support Society

We welcome **Board President, Garth Harvey, and Program Facilitator, Janis Feurer!** They will talk about the work of this

community service organization dedicated to improving the quality of life and rights of family caregivers. CFCSS provides resources and support for anyone who gives care and support to an adult family member or friend.

**Church Calendars are available now! Only \$5.00 each. Watch for ACW members Sundays after services or see Trish in the office Mon. - Fri. Be sure to get yours. They make great gifts for family and friends, too!**

**Scarves Provide Winter Warmth – a visible sign of caring** Many thanks to those who knitted scarves for **Christian Acts Reflecting The Spirit (C.A.R.T.S.)** this year. We need to remember that knitting for the homeless is truly a Christian Act that reflects the Holy Spirit of compassion.

**"Adopt-a-Plot" Kick-Off, Saturday, Oct 29<sup>th</sup> 2-4 pm**

Would you like to help maintain the memorial stones in the cemetery at a time that is convenient to you? This is the ministry for you. We can provide you with tips and tricks to get the job done – the work is very satisfying – and it is interesting to read the inscriptions. Come out to see what needs to be done and sign up for the monument(s) you would like to take care of.

Choose your own family plots or others.

Hot chocolate and goodies to warm you up!

**Are you on the Readers' Roster? A Workshop for You.**

Please come **Wednesday morning, Nov 2<sup>nd</sup>, 10 am in the church.** If you have experience, come prepared to share your insights - if you're new, come to try out the microphone and learn from the group. See you then!



**Operation Christmas Child Work Party**  
**Wednesday, November 2<sup>nd</sup> 11am – 3 pm**

Join us in the hall, to fill the shoe boxes.

Men and women welcome! Bring your own

brown bag lunch. We will have the coffee pot on.

If you wish, you can also take a provided box home and fill it up at your leisure.

For details contact Shirley Hardy at [onthego3@shaw.ca](mailto:onthego3@shaw.ca)

**Warmland House Foot Clinic Luncheon:**  
**needs volunteers, Tuesday, November 15<sup>th</sup>**



It's time again for St. John's to sponsor the lunch and provide a few volunteers to distribute soup and sandwiches at Warmland House from 10:30am – 1:30pm for foot clinic participants. Soup can be made at home and brought in. **Sandwich makers are needed for**

**Monday, November 14<sup>th</sup> at 2:30 pm**

in the parish hall kitchen. **Contact Anthea Jordan**  
[a.j.jordan@shaw.ca](mailto:a.j.jordan@shaw.ca) or 250-748-1843

**Fall Supper**

**ACW Fall Supper - Friday, Nov. 4<sup>th</sup> at 6 pm**

– Ham and Scalloped Potatoes –

plus our awesome pies for dessert. **\$20 per ticket: available from the office, or ACW members on Sundays.**

**Christmas Dinner at the Church? You can come - and help!**

Contact the office (743-3095) if you would like to help the core group make this happen. Many thanks!

**Readings for next Sunday:**

**All Saints' Sunday ~ November 6<sup>th</sup> 2011**

Revelations 7:9-17; Psalm 34:1-10, 22;

1 John 3:1-3

Matthew 5:1-12

**Please visit St. John's website for more information:**

[www.stjohnscobblehill.ca](http://www.stjohnscobblehill.ca)

**26 Weeks to Emergency Preparedness: Week 18**

Enrol a **family member** in a First-Aid course. Pack **HELP/OK signs** in your kit.

**To learn more: Pick up a CVRD Emergency Preparedness Workbook from the church.**

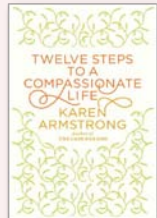
**“To Fellow Parishioners...”**

Sandy Austin and Ken Norton are putting together a book that recounts the past 25 years in the life of our Parish in preparation for the celebration of the 125<sup>th</sup> anniversary on June 24, 2012. They would like to include pictures in this book that are illustrative of life in this Parish since the 100<sup>th</sup> anniversary in 1987 – people, events, the evolving church campus including the cemetery, etc. **Please have a look through your picture treasures and pass some of these along** to either Sandy (250-743-8192) or Ken (250-743-1685).

**A Course in Compassion**

A Study Course on Karen Armstrong’s Latest Book **Twelve Steps to a Compassionate Life** will begin on: **Wednesday, November 16<sup>th</sup> at 7 pm** in the Church (and will continue: November 23<sup>rd</sup>, December 7<sup>th</sup> & 14<sup>th</sup> and into the New Year.

On Sunday October 3<sup>rd</sup>, my sermon focused on the topic of my sabbatical study: *“Compassion as a bridge to those who do not see a place for themselves in ‘organized’ religion.”*



I also mentioned the work of Karen Armstrong in this field and introduced you to the *Charter for Compassion*. Part of my sabbatical goal was to have our parish sign on to the Charter and do a book-study focusing on Armstrong’s “twelve steps”. In the perilous times the world now finds itself in, it seems appropriate more than ever to learn more about the practice of compassion and realize that it has the potential to bridge the gap between all major world religions and those with no religious affiliation. Please join me on these evenings to look deeper into this groundbreaking work. The sessions will break for Christmas and continue on in the New Year. There is no cost for course, but participants are asked to purchase the book: *Twelve Steps to a Compassionate Life* by Karen Armstrong, Knopf, 2010, 222 pages. List price: \$25.00.

Please phone the office to register.

Thank you. **Rev. Scott Pittendrigh**

**St. John's Sunday School: What's in our future?**

Attention, all parents and other interested parties: you are invited to attend a meeting at the church on **Monday, Nov. 7<sup>th</sup> from 7:00 to 8:00pm.**



It is important that we have your input before making decisions that impact on your families. With no teachers or co-ordinator, this ministry is in crisis. Where do we go from here?



**Centering Prayer – You're invited to join in!**

This is a very special way to rest in the arms of God in the midst of our very busy lives.

The practice takes 20-30 minutes and is a wonderfully spiritual way to start the day at home.

While this can be very inspirational on your own, it becomes even more meaningful when practiced in community, as we do on **Tuesday mornings at 11am.**

Our group is small, devoted and would like to expand!

**A Book of Remembrance for the Month of November**

November is traditionally referred to as the "Month of the Holy Souls". During the month of November we pray for all deceased parishioners, relatives, and friends. You are invited this year, to write in the names of your relatives and friends who have died. Your loved ones will be remembered by our Parish during the month of November. The book will be located at the front of the Church beginning on Tuesday, November 1<sup>st</sup>.

**EVENTS IN THE COWICHAN VALLEY**

**Cowichan Valley Pet Loss Grief Support**

Two programs will be offered in November for anyone who is grieving the death of a beloved pet: Tuesday evenings, **7-9pm, November 8<sup>th</sup> 15<sup>th</sup> and 22<sup>nd</sup>**, repeated Wednesday mornings, **10am-12noon, November 9<sup>th</sup> 16<sup>th</sup> and 23<sup>rd</sup>**. \$75 – limited financial assistance available.

Programs are held at St. Peter's Church in Duncan.

Come to remember, be comforted, and give thanks to God for the life of your beloved pet. To register please call Sarah Donnelly, 250-710-7675.

**All Soul's Service at St. Peter's Quamichan**

**Wednesday, November 2nd at 7 p.m.** We gather on this day to remember, give thanks, and experience our sadness at the loss of those we have loved who are no longer with us. Please call or email Monica in the office at 250-746-6262 or email [stpeterschurch@shaw.ca](mailto:stpeterschurch@shaw.ca) the names of loved ones whom you'd like remembered.

These names will be inserted in the bulletin.

**Medley Café Opens ~ October 28<sup>th</sup>, Nov. 25<sup>th</sup>, Dec. 16<sup>th</sup>** 7:00pm in the St. John's, Duncan hall, Corner of First and Jubilee Streets. Open stage – free concert!

Coffee and sign-up for open-stage at 6:30 pm in the hall  
Musicians may pre-register: call Sue at 250-746-2326.

**DIOCESAN INFORMATION AND EVENTS**

**'Advent Retreat: As We Wait' at Sorrento Centre**

Come and join us for a time of community, new experience and fun. We have space still available for the course with Nancy Scott, offered **November 24<sup>th</sup> – 27<sup>th</sup>**, 2011. The course will start after dinner on Thursday evening and guests will depart on Sunday morning.

The Advent is about waiting. You will explore the benefits of waiting and reclaim these gifts.

The semi-silent directed weekend retreat will explore this concept in the context of Advent.

The poster with information regarding the course is on the bulletin board. To register, call 250-675-2421 or visit [www.sorrento-centre.bc.ca](http://www.sorrento-centre.bc.ca).

It may be the best Christmas gift you give yourself or gift to someone you love.

**Camp Columbia Work Weekends: Keep the Dates!**

Your skills, passion and love are needed; all skills and abilities; all people are invited and welcomed: **October 28<sup>th</sup> – 30<sup>th</sup> 2011; March 9<sup>th</sup> – 11<sup>th</sup> and April 20<sup>th</sup> – 22<sup>nd</sup> 2012.** A great opportunity to enjoy fellowship and share your talents in a dynamic way! Please register with Karen at [CampAdmin@bc.anglican.ca](mailto:CampAdmin@bc.anglican.ca)  
Call 250-246-3751 for more details.

**New Cathedral Website and Newsletter Magazine**

Fall 2011. Look for a new **magazine** coming out soon!  
The theme of the first edition of the magazine is "Belonging". Submissions are welcome, [penelopehb@christchurchcathedral.bc.ca](mailto:penelopehb@christchurchcathedral.bc.ca)

**Food for the Soul Series at St. John's House  
3937 St. Peter's Road, Victoria**

Many offerings: a few are outlined here; please see the [detailed booklet in the office](#) for more.

**Afternoon Tea at St. John's: November 6<sup>th</sup> 2 – 4 pm:**  
a great opportunity to share news and "catch up".  
Please call 250-920-7787 to reserve a place at the table.

**Gardeners Needed! November 12<sup>th</sup> 10 am – 3pm**  
Come and help the sisters put the garden to bed.  
Fellowship, fun and a workout! No gym clothes required.  
Share Eucharist together plus soup and a bun for lunch.  
Call 250-920-7787 by November 1<sup>st</sup> if you can help out.

**He's On His Way – Why don't you come too?**

Come and explore the Advent of Advent through games, music and food! Who? You, if you are 11-16 years; Where? Christ Church Cathedral; When? **November 19<sup>th</sup> and 20<sup>th</sup> Noon – Noon.** Please contact Su McLeod to register [family@bc.anglican.ca](mailto:family@bc.anglican.ca) Registration deadline is Friday, November 11<sup>th</sup>.

**GOOD TO KNOW: Information from all over...**

**From Sea to Shining Sea: Choral Works to Stir the Soul and Guide Us On the Journey Home – (men's chorus)**  
Sunday, Nov. 13<sup>th</sup> 2:30pm Shawnigan Lake School Chapel  
Tickets: Adult - \$15; Student - \$10; 12 & under free!

**Living Gifts benefit Africa Community Technical Service**

Donations to (**ACTS**) make wonderful Birthday gifts or to help you mark other special occasions.  
Large selection to choose from: see the display on the table in the Parish Hall. Also available are Sympathy cards where the donation goes to the **PWRDF**.



Cowichan Seniors  
Community Foundation

**Volunteer Drivers Needed**

Cowichan Seniors Community Foundation is currently recruiting drivers for the volunteer driving program which offers Supported Transportation for Seniors "Door to Door" For more information please call Judy at 250-732-5609.

Email: [Cowichan Seniors Community](mailto:Cowichan Seniors Community)

Website: [www.cowichanseniors.ca](http://www.cowichanseniors.ca)

**Abbeyfield House: may be a housing option for you...**

Have a look at: <http://www.abbeyfield.ca/index.html>  
And <http://www.abbeyfield.ca/houses--societies.html>  
Please contact the parish office for more information.  
Abbeyfield, a non-profit housing option for seniors, offers the opportunity for private living areas and the support of a house coordinator who manages the building and prepares meals. Abbeyfield offers a warm, family-style house and a balance between privacy and companionship, security and independence, combined with the special caring element provided by dedicated volunteers and the consistency of a House Manager.  
Have a look at: <http://www.abbeyfield.ca/index.html>  
And <http://www.abbeyfield.ca/houses--societies.html>  
Please contact the parish office for more information.

**Relief Appeals Donations: How to make them Easier!**

**If you want St. John's to help you make your donation – here's how:**

1. Make your cheque payable to St. John's Church (**NOT** to the charity involved)
2. Mark your offering envelope with the intended recipient or name of the appeal – e.g. "**PWRDF – Horn of Africa**"
3. Put your envelope on the offertory plate or leave it at the office.

Your donation will be included in your annual offering receipt prepared by the Envelope Secretary.

**If you want to make your donation directly to the charity concerned (and not via St. John's), please mail your donation directly.** Thank you so much.