



**NOTICES FOR**  
**Week of September 4<sup>th</sup> 2011**  
**Twelfth after Pentecost**

**Events for the Week of September 4<sup>th</sup> – 11<sup>th</sup>**

*Twelfth after Pentecost: two services*

**Sunday 9:00 am BCP service with choir**

~ Shared refreshments and fellowship between services ~

**Sunday 11:00 am BAS service with Sunday School**

~ Refreshments and fellowship following the 11 am service ~

**Presiding Celebrant: The Rev. Karen Fast**

**Monday, Sept 5<sup>th</sup>: Office CLOSED for Labour Day**

**Tuesday 1:00 pm ACW Meeting**

**Tuesday 11:00 am Centering Prayer**

**Tuesday 7:00 pm Beyond Transitions**

**Wednesday 9:30 am Outreach Committee Meeting**

*Wednesday evening Centering Prayer is discontinued*

**Thursday 9:00 am Community Kitchens**

**Thursday 10:00 am Executive Committee Meeting**

**Thursday 1:00 pm Choir Practice**

**Saturday 7:00 pm Welcome Back Scott & Farewell David!**

**Pot Luck Dessert Party (see detail)**

**Sunday 10:00 am One Service Only "Grubby Sunday"**

Remember to come dressed for work. See you there!



**A Few Helping Hands –**  
**and Strong Backs - Needed for Fall Fair**  
**at St. Aidan and St. Christopher's**

**Saturday, October 1<sup>st</sup>.** The event runs from **10 am to 2 pm** and 2 or 3 willing souls would be gratefully appreciated to help with set up and clean up. Your generosity of spirit will be richly rewarded with a free lunch! If you are moved to **lend a hand** kindly contact the church office or speak to David Peterson: please, call 250-715-0422.

**Are You New to the Parish? Welcome!**

If you are a newcomer to St. John's - welcome! We hope you are starting to feel at home. If you have not already done so, please register your contact information with the office so you can start receiving our weekly Notices.

**Centering Prayer Meetings**

Please join us on **Tuesdays at 11am** or ...as always, no previous experience needed!

**Donation Alert!!! Double your dollars...**

**"Horn of Africa Donations" will be matched dollar for dollar by the Government of Canada until Sept. 16<sup>th</sup>**

**Welcome Back Scott - and Farewell David!**

**NEW DATE! Please mark your calendars**

Join us for a **Pot-luck Dessert Party at 7 pm,**

**Saturday, September 10<sup>th</sup>.**

Scott returns from his Sabbatical and David leaves us to pursue the completion of his education degree. You'll want to be here to take part in both the warm welcome and fond farewell.

**Please sign up** and indicate where you can help on the sheet posted in the hall this Sunday.



**New Parish Directory:**  
**125<sup>th</sup> Anniversary Edition**

Information is available at church from Barb or Ken Norton on Sunday. Appointments are available Monday through Wednesday, **October 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup>** between **2:30 and 8:30 pm**. Please sign up soon to be a part of this milestone publication!

**"World Series" Baseball with Sylvan United**

Details to be confirmed – but, please set aside **Sunday, September 25<sup>th</sup>** and start working out your throwing arm and catching form, not to mention that *all-star* slide...



**September Festival**

**St. John's Red Shirts for Sale**

We have a few shirts on hand should you need one. See Trish in the office. \$10 for Tees; \$15 for golf-shirt style.

**Keep a keen eye for September Festival News and UPdates in your email in-box and on the web-site.**

**UPdate 6 is out now!**

**CMS Foodbank Extends a Big THANK YOU! ...**

to everyone who donated resources of money and time towards the annual Backpack program, and especially to Petra and Thom for their coordination. The backpacks are now being distributed to the delight of children and parents alike. **Bless you all for your generosity!**

**Readings for next Sunday:**

**Thirteenth after Pentecost ~ September 11<sup>th</sup> 2011**

**Presiding Celebrant: the Rev. Scott Pittendrigh**

Exodus 12:1-14; Psalm 149;

Romans 13:8-14; Matthew 18: 15-20

**Please visit St. John's website for more information:**

**[www.stjohnscobblehill.ca](http://www.stjohnscobblehill.ca)**

**26 Weeks to Emergency Preparedness: Week 10**

Prepare a first-aid kit that includes prescription medications, eyeglasses, bandages, sterile gauze pads, scissors, tweezers, antibiotic ointment, and other items such as common pain relievers (be sure to rotate the medications through before their expiry dates).

**To learn more: Pick up a CVRD Emergency Preparedness Workbook from the church.**

**EVENTS IN THE COWICHAN VALLEY**



A new session begins this month. The DVD seminar features respected grief experts and real-life stories of people, followed by a small group discussion. Past participants have related how helpful the information and follow-up discussions have been to them. You will learn valuable information about facing your 'new normal' in life and renewing your hope for the future. Cost is \$30 (includes the workbook).

Dates: **Every Wednesday from 10 am to 12 noon, September 14 to December 7**, in Gospel House (located at the entrance to the parking lot of the church).

St. Andrew's Presbyterian Church  
531 Herbert Street, Duncan

For more information and to register, please call the church office at 250-746-7413.

**Cowichan Valley Pet Loss Grief Support**

*"We have also suffered the pain of pet loss and are here to listen to you and to let you know that you are not alone in how you are feeling."*

Monthly support groups in Duncan. Next group: **September 8<sup>th</sup>, 15<sup>th</sup> & 22<sup>nd</sup>**: Thursday evenings, 7-9pm. \$75 (\$25/session) Registration deadline: September 5<sup>th</sup>

Facilitator: Sarah Donnelly BA, M.Div.

For more info or to register: 250-710-7675

*"Until one has loved an animal, a part of one's soul remains unawakened."* Sept 4

**DIOCESAN INFORMATION AND EVENTS**

**Ensemble Laude Sings for the Rainbow Kitchen  
A musical feast, September 10<sup>th</sup> at 2:30 pm**

Ensemble Laude was chosen as the "Favourite Vocal Ensemble" in Monday Magazine's 2010 and 2011 annual M awards. See them at St. George the Martyr, 3909 St. George's Lane, Cadboro Bay, Victoria. Admission by donation: all proceeds to Rainbow Kitchen – a non-profit society providing nutritious meals and fellowship.

**Singing for Kingcome Inlet! Saturday, October 15<sup>th</sup>, 7pm**

Enjoy a Flood Relief Fundraiser Concert featuring the Bishop's Gospel Choir. Church of the Advent, Colwood.

Admission by donation. Contact Mary Rogers 250-472-6671 or [mrogersmusicstudio@shaw.ca](mailto:mrogersmusicstudio@shaw.ca)

**KJV 400<sup>th</sup> Anniversary Bible-thon Sept 19<sup>th</sup> -24<sup>th</sup>**  
Christ Church Cathedral, Quadra at Rockland, Victoria  
There's room for you in this week long live reading of the complete King James Version of the Bible.  
Open to people of any faith – or none; choose your favourite passage and read for twenty minutes.  
See Trish in the office for complete details and the registration form: don't miss this historic event!  
A Choral Service of Thanksgiving wraps it all up on the afternoon of September 25<sup>th</sup>

**The Partners in Mission Presents a Conference Series  
"Seeking God Together"**

Reporting back to the community: 2011 **UN Commission for the Status of Women: Saturday, October 15<sup>th</sup> 9 am to noon** with Marion Little at St. James, Nanaimo.

**Hot, Crowded and Slow: Seeking God Interculturally: Saturday, October 22<sup>nd</sup> 9 am to noon** with Rev. Will Ferrey at St. Peter and St. Paul, Esquimalt.

Everyone is welcome! \$10 registration fee plus a canned-good donation for the food bank. Please register in advance... c/o Rev. Scott McLeod at the Synod office or [smcleod@bcanglican.ca](mailto:smcleod@bcanglican.ca)

**"What Next?" KAIROS welcomes you to attend its  
BC-Yukon Annual Regional Meeting October 21<sup>st</sup> - 23<sup>rd</sup>**

at the YWCA Hotel in Vancouver, BC  
You beat your drums, signed petitions, made banners, and marched together in support of real implementation of the UN Declaration on the Rights of Indigenous Peoples. For all you have done this year, we thank you and celebrate our accomplishments!

Whatever your background, join the KAIROS network for a day or two of community and learning. We'll look over the past year and plan for a new year of grassroots action for social justice. We will look at the question of "what next?" as we continue our focus on Indigenous rights and our common future. All are welcome; **subsidies are available** to support registration and/or transportation fees. **Register** at the BC Regional website: <http://www.bckairos.org/> (Poster in the Parish hall)  
For information: Susan Draper, [graceful@shaw.ca](mailto:graceful@shaw.ca)

**Cursillo 2011 at Camp Imadene near Lake Cowichan**

The goal of Cursillo is to guide participants into an ever closer and more personal relationship with Christ, to heighten their joy, and invigorate their life in Christ.

**Men's Weekend: Oct. 27<sup>th</sup> 7 pm to the 30<sup>th</sup> at 5 pm.**

**Women's Weekend: Nov. 3<sup>rd</sup> at 7 pm to the 6<sup>th</sup> at 5.**

Applications and information at [www.cursillobc.com](http://www.cursillobc.com) with a registration deadline of September 21<sup>st</sup>.

**Funding is available** for Cursillo weekend costs through the **St. Francis Education Fund**.  
Contact Trish in the office for application details.

### Camp Columbia Work Weekends: Keep the Dates!

Your skills, passion and love are needed; all skills and abilities; all people are invited and welcomed: **October 28<sup>th</sup> – 30<sup>th</sup> 2011; March 9<sup>th</sup> – 11<sup>th</sup> and April 20<sup>th</sup> – 22<sup>nd</sup> 2012.** A great opportunity to enjoy fellowship and share your talents in a dynamic way! Please register with Karen at [CampAdmin@bc.anglican.ca](mailto:CampAdmin@bc.anglican.ca)

### A Spirituality of Play: Women's Weekend

**October 21<sup>st</sup> – 23<sup>rd</sup>** at Camp Pringle with facilitator the Rev. Dr. June Maffin; worship leader, the Rev. Nancy Ford; and music leader, Diane Bell. Cost \$130.00  
Please register with Brenda Dhaene by email: [birish@shaw.ca](mailto:birish@shaw.ca) or ask for a form in the office.

### HAPPENINGS FARTHER AFIELD...

#### Food for the Soul Series at St. John's House, Victoria 3937 St. Peter's Road

Many offerings: a few are outlined here; please see the [detailed booklet in the office](#) for more.

#### Nourishing Your Inner Monk: October 22<sup>nd</sup> 9 am – 5 pm

Enjoy St. John's community life for a day. Time for prayer, reading, rest, work projects & community time. Suggested contribution of \$30.00 includes lunch.

#### Afternoon Tea at St. John's: November 6<sup>th</sup> 2 – 4 pm:

a great opportunity to share news and "catch up". Please call 250-920-7787 to reserve a place at the table.

#### Gardeners Needed! November 12<sup>th</sup> 10 am – 3pm

Come and help the sisters put the garden to bed. Fellowship, fun and a workout! No gym clothes required. Share Eucharist together plus soup and a bun for lunch. Call 250-920-7787 by November 1<sup>st</sup> if you can help out.

### Embracing Light from the Darkness

A National Photographic Project supporting Aboriginal students who follow the years of the Canadian residential school system [www.lightfromthedarkness.ca](http://www.lightfromthedarkness.ca)  
On July 8, 2011 Shawn A-in-chut Atleo, National Chief of the Assembly of First Nations, wrote the Bishop's Gospel Choir of British Columbia providing support for the *Embracing Light from the Darkness* National Photographic Project. Please follow the link below to read this important letter of support for this project which assists today's Aboriginal students, who follow the dark years of the Canadian residential school system. <http://www.bishopsgospelchoir.ca/documents/National%20Chief%20Shawn%20A-in-chut%20Atleo.pdf>

*Embracing Light from the Darkness* invites every Canadian to submit photographs that shed light on the legacy of the Canadian residential school system, and to symbolize the hope for a future where the past is healed, reconciled and restored.

Please visit our photography gallery at:

<http://www.lightfromthedarkness.ca/gallery.php>

### Life Chain 2011: October 2<sup>nd</sup> 2 – 3 pm

Join this one-hour prayerful, family-oriented pro-life witness for the Gift of Life, centered at the Trunk Road and Trans Canada intersection in Duncan.

Sponsored by the Fr. Bill Mudge Council 8847 of the Knights of Columbus, Shawnigan Lake. Phone 743-0461.

### GOOD TO KNOW: Information from all over...

#### Abbeyfield House: may be a housing option for you...

Abbeyfield, a non-profit housing option for seniors, offers the opportunity for private living areas and the support of a house coordinator who manages the building and prepares meals. Abbeyfield offers a warm, family-style house and a balance between privacy and companionship, security and independence, combined with the special caring element provided by dedicated volunteers and the consistency of a House Manager. Have a look at: <http://www.abbeyfield.ca/index.html>  
And <http://www.abbeyfield.ca/houses--societies.html>  
Please contact the parish office for more information.

#### Relief Appeals Donations: How to make them Easier!

If you want St. John's to help you make your donation – here's how:

1. Make your cheque payable to St. John's Church (NOT to the charity involved)
2. Mark your offering envelope with the intended recipient or name of the appeal – e.g. "PWRDF – Horn of Africa"
3. Put your envelope on the offertory plate or leave it at the office.

Your donation will be included in your annual offering receipt prepared by the Envelope Secretary.

**If you want to make your donation directly to the charity concerned (and not via St. John's), please mail your donation directly.** Thank you so much.

#### Living Gifts benefit Africa Community Technical Service

Donations to (ACTS) make wonderful Birthday gifts or to help you mark other special occasions.

There is a large selection of cards to choose from: see the display on the table in the Parish Hall.

Also available there are also Sympathy cards where the donation goes to the PWRDF.

#### Leave a Lasting Legacy

"Have you considered St. John's in your will? Consider leaving a legacy and a statement of faith while providing for the financial well being of future generations."

Contact your Wardens: Ken Norton or Jean van Dyk